

## 11 GEETA FOR THE COMMON MAN

There are many more valiant brave people who having decided to sacrifice their lives for our-my sake, who are all experts in varied forms of warfare and capable of handling myriad weapons.

Well, there is nothing wrong in dismissing or changing views, but see what happens to the individual. All the time the individual would be changing stances, now deciding to do one thing, later either not executing it, or having executed it, regretting the action done or feel guilty about it. This is generally what majority of us do and this is because of intelligence not backing our actions, which also makes us send wrong signals.

This intelligence is a God-given gift, which majority seems to either abuse or disuse. By this, the intelligence is blunted or made gross. Once we abuse this precision tool, then it becomes very difficult to set it right and put the vehicle back on the road. We abuse this precision tool by our impulsive behaviour patterns, foolhardiness and lack of self-respect. If we learn to address these issues and to begin with, regulate their flow, we commence our inner journey by placing the first right step. Well, let us not bother about the inner journey right now. Even to rectify the mistakes committed and not tread the same path, we have to learn about these 'bugs' and conduct ourselves in such a way that they do not trap us.

Our living irrespective of whatever the end happens to be, is indeed living, but then, if it is an 'ill-lived living,' life is full of regrets & guilt, landing one in misery. It does not really matter whether outwardly we express it or not. We have to understand that a well-lived living is what everyone needs, still, instead of moving in that direction, one is found moving in the opposite direction because of certain inner problems.

If we learn to appreciate the truth of the problems and do the needful, then all of us would travel the way we very much want to and reach the destination, meeting the short-term goals and ultimately attain the long-term goals, with no regrets or guilt around. There definitely would be excitement & enthusiasm, which are natural to youth but not anxiety.