

BRAHMA VIDYA GURUKULAM

BRAHMA VIDYA GURUKULAM IS A NON-PROFIT CHARITABLE ORGANIZATION. IT IS AN INSTITUTE OF VEDANTIC STUDIES TO FOSTER UNDERSTANDING AND DEVELOPMENT OF THE SELF. IT IS NON-SECTARIAN AND PROVIDES OPPORTUNITY FOR PERSONAL DISCOVERY, ENRICHMENT AND NURTURING.

Adult Retreats allow the individual ways to release pressures from tension and stress in our day-to-day activities. The resources for the lectures in the Adult Retreat are derived from the Ancient Indian Scripture, "Bhagavad Geeta". The student, Arjuna, who was caught up in social, ethical, transactional, religious, and spiritual conflicts, frees himself by an exposure to the teachings of the Geeta. From then, the Geeta has resolved the conflicts of millions the world over.

Brahma Vidya Gurukulam offers various activities, events and programs in the ashram and around the city of Edmonton.

FOR INFORMATION:

www.brahmavidyagurukulam.com

Email: edmonton@brahmavidyagurukulam.com

BRAHMA VIDYA GURUKULAM
(SEMINARY OF VEDANTIC STUDIES)

1228 62 STREET
EDMONTON, AB T6L 2H9

ADULT WEEKEND RETREAT

July 8, 9 & 10 2016

FRIDAY July 8

Check in: 6:00—7:00 p.m.

Socialise, Greetings, Evening Meal

Introductory: 8:00—9:00 p.m.

SATURDAY 9 & SUNDAY 10

LECTURES, MEDITATION, VEDIC
CHANTING, GROUP DISCUSSIONS AND
ONE - ON - ONE SESSIONS

Tuition Free

RETREAT FEE: Covers Room and Board

\$185.00 Per Person

\$285.00 Per Couple

LOCATION:

RIVER LODGE

River Lodge is located about one hour west and south of Edmonton.

THIS RETREAT IS DESIGNED TO COMPLEMENT THE BODY, EMOTIONS, MIND AND SPIRIT.

A TIME TO
RELAX, RECHARGE & REVITALISE

PRE-REGISTER TODAY !

FIRST NAME: _____ M.I.: _____ LAST NAME: _____

ADDRESS: _____ ADDRESS: _____

CITY: _____ PROVINCE: _____ POSTAL CODE: _____ TEL: _____

NO. TO REGISTER: _____ OTHER NAME: _____

EMAIL: _____ [your information package will be emailed]

Payment by: *Cheque Cash PayPal

* Cheques to be made in the name of Brahma Vidya Gurukulam, Edmonton.

DATE: _____ SIGNATURE: _____

BRAHMA VIDYA GURUKULAM 1228 - 62 ST., EDMONTON, AB. T6L 2H9. EMAIL: edmonton@brahmavidyagurukulam.com

Programmes at the retreat are educational and are not intended as therapy or treatment. Brahma Vidya Gurukulam assumes no responsibility for any adverse reaction - psychological, emotional or behavioural - resulting from attending.

Get Yourself recharged

in

A quiet rural setting

PLAN FEASTING YOURSELF WITH

- * LOTS OF LEISURE * LECTURE
- * MEDITATION * INTERVIEWS
- * GROUP DISCUSSIONS

IDEAL PLACES FOR

- * RELAXATION * MEDITATION

DON'T MISS OUT!

JOIN US!!

LIMITED SEATING

EMAIL:

edmonton@brahmavidyagurukulam.com

Activities of

Brahma

Vidya

Gurukulam

Gurukula classes

Meditation sessions

Seminars

Vedic Chanting class

Public Lectures

Yoga sessions

Satsangs

Spiritual Counselling

One on One sessions

Workshops



**ADULT WEEKEND
RETREAT**

**LEARN TO RELAX
AND ENJOY YOUR LIFE**

WITH

**Swami Brahmanistananda
Saraswati**